## All Day Menu

Granola W Greek Yoghurt (GF Plant based*) ..... 18.75Seasonal fresh fruit \& compote, coconut flakes, crushednuts, chia seeds, and milk of choice.
Free Range Eggs On Toast (V GF*)14.50
Eggs done your way on sourdough.Scrambled tofu and mushrooms on sourdough(Plant based)
Eggs Benedict with Hollandaise on Hash Brown(GF)Served with streaky bacon, grilled salmon, or garlic buttermushrooms \& spinach.
Bacon \& Egg Butty (GF*)15.75
Bacon, fried egg, grilled Brioche bun with aioli, house sauce + Add: Hash brown ..... 2.00
Fish Butty (GF*) ..... 18.00
Pan-fried fish of the day, grilled Brioche bun, tartare sauce, and fresh tomatoes.

## Keto Feast (GF)

Bacon, spicy chorizo, halloumi, mushroom, grilled tomato, avocado, wilted spinach and eggs.
Southern style Chicken Burger with Fries ( $\mathrm{GF}^{*} \mathrm{~V}^{*}$ )
Lime \& chipotle chicken patty, cheese, avocado, corn \& jalapeno, spicey mayo, and rocket, in a grilled brioche bun.
Cheeseburger with Fries (GF*)
Smoky beef patty, burger cheese, bacon, pickles, caramelised onions, burger sauce, and bbq sauce, in a grilled bun.

+ Add: Extra patty \& cheese
Haloumi with Fries (V GF*)
Haloumi, burger cheese, pickles, caramelised onions, burger sauce, and bbq sauce, in a grilled bun.
+ Add: Cheese
Plant based burger with fries (V GF) 26.00

Plant based patty, plant based mozzarella, pickles, caramelised onions, burger sauce, and bbq sauce, in a grilled bun.

Wellness Bowl (GF, Plant based*)

Chilli-peanut cucumber, avocado, hummus, baby spinach,
cherry tomatoes, pickled carrot, spiced pumpkin seeds, fried kumara sticks, and sprouts.

+ Add: Grilled chicken thigh $\quad 7.00$ Salmon 9.00
$\begin{array}{ll}\text { Halloumi } & 6.00\end{array}$
Autumn Buttermilk Pancakes (Plant based, GF*) 22.00
With passionfruit sauce, nuts, gingernut crumbs, salted
caramel sauce, and dark chocolate.
+ Add: Bacon

A Breakfast Bagel (GF* Plant based*)

Hash brown, avocado, baby spinach, roasted veggie
relish, hollandaise sauce, and sprouts.
Served with: Streaky bacon, Grilled salmon or garlic butter mushrooms \& spinach.

+ Add: Halloumi $\quad 6.00$
Smashed Avocado with Dukkah seasoning On 21.00
Toast (V GF* Plant Based*)
+ Add: Poached egg
Spicy chorizo $\quad 6.00$
Bacon/facon 6.00


## Sides

| Fries Regular | 8.00 |
| :--- | :---: |
| Fries Large | 12.00 |

Kids Menu

| Kids Pizza | 12.00 |
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| Kids Fish Bites and Fries | 14.00 |
| Corn Dog and Fries | 14.00 |
| Fries | 8.00 |
| Chicken Nuggets and Fries | 14.00 |
| Vegan / Chicken / Pork dumplings and Fries | 14.00 |
| Ice Cream | 6.00 |
| Jelly | 5.00 |

